

Appendix 1 - Action Plan – Wellbeing Review

No.	Recommendation	Proposed Actions/Progress	Success Measures	Responsibility	Date
1	Policies which see continued investment in cultural and arts activities aimed at community level wellbeing be endorsed and every effort be made to retain sufficient professional expertise and capacity to deliver or advocate for such programmes.	<ul style="list-style-type: none"> • Continue to invest in key identified local arts and cultural programmes (festivals, events, facilities and development programmes) and retain the professional expertise and capacity within the Culture and Leisure Services (Libraries, Museums, Arts festivals, leisure centres, sports development programmes) 	<ul style="list-style-type: none"> • Programmes and Events delivered within reducing funding envelope 	Reuben Kench	Ongoing
2	A modest budget be allocated to “seed fund” community based arts and cultural projects on a non-recurring basis and that Health and Wellbeing Board agree a criteria for allocation of resources with a focus on reducing social isolation and improving mental health and wellbeing.	<ul style="list-style-type: none"> • Tees Valley Arts to attend the Adults’ Health and Wellbeing Partnership, to discuss the potential for joint working opportunities in the area of arts and wellbeing, focusing on key themes from the Scrutiny review • Strong relationship developed between Public Health and Culture & Leisure and particularly with Leisure and Sports Development • Options for seed funding to be explored and considered by the Adults’ Health and Wellbeing Joint Commissioning Group, following discussion at the Adults’ Health and Wellbeing Partnership and in-line with the strategic approach set out in action 	<ul style="list-style-type: none"> • Discussion held and opportunities for joint working further identified for discussion / commissioning • Jointly facilitated discussion at Adults’ Health and Wellbeing Partnership re: next steps • Options are considered and decision on next steps made as appropriate 	<p>Michael Henderson to arrange date</p> <p>Peter Kelly & Reuben Kench through the AHWP</p> <p>Peter Kelly & Reuben Kench through the AHWJCG</p>	<p>TBC</p> <p>TBC</p> <p>TBC</p>

3	The Health and Wellbeing Board work with the CCG to encourage all GP practices to sign up to social prescribing and seek to expand the menu of options for social prescribing.	<ul style="list-style-type: none"> • Discussion at Adults' Health and Wellbeing Partnership regarding social prescribing and the options available • Discussion at CCG health and wellbeing workstream regarding social prescribing and increasing use by GPs • Continued support to the Stockton Service Navigation Project (SSNP) through the Better Care Fund Health Inequalities workstream 	<ul style="list-style-type: none"> • Discussion held and appropriate actions identified • Discussion held and appropriate actions identified • Proposal regarding health inequalities workstream submitted to BCF steering group 	Paul Williams (SBC link Mark McGivern) Mark McGivern Mark McGivern	November 2015 November 2015 October 2015
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<p>4</p>	<p>Arts and cultural options to be routinely considered across partners when commissioning preventative and mental health services.</p>	<ul style="list-style-type: none"> • Paper to Health and Wellbeing Board to propose strategic coordination across the life course around mental health and wellbeing, across Board member organisations • Task and finish group established to take forward strategic coordination work and produce local strategic implementation plan • Commissioning priorities formulated from strategic plan • Consider arts and cultural options in updating the JSNA on mental health and wellbeing • The role of the full range of Arts and Cultural Services to be considered as options for future investment in promoting good health and wellbeing (Libraries, Heritage, Museums, Arts, Leisure & Sports Development). Practical examples include: <ul style="list-style-type: none"> • The role of reading and libraries in health and wellbeing promotion, providing for disadvantaged groups, delivering books on prescription, etc. • • awareness and 	<ul style="list-style-type: none"> • Agreement reached by HWB on strategic approach • Group established • Strategic implementation plan produced • Commissioning priorities proposed at Joint Commissioning Groups, including consideration of arts and cultural options • Updated JSNA includes consideration of arts and cultural options • Arts & Cultural Services to demonstrate (where it hasn't already done so) the benefits of commissioning arts and culture for preventative and mental health services 	<p>Mark McGivern</p> <p>Mark McGivern / CCG</p> <p>Task-and finish group Chair</p> <p>Donna Owens (JSNA topic lead at CCG)</p> <p>Reuben Kench</p>	<p>June HWB meeting</p> <p>August 2015 December 2015</p> <p>According to HWB member organisations' commissioning intentions timescales: suggested November 2015</p> <p>October 2015</p> <p>TBC</p> <p>3</p>
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4	Arts and cultural options to be routinely considered across partners when commissioning preventative and mental health services.	<ul style="list-style-type: none"> Promoting reading for pleasure and its positive impact on health and wellbeing The role of lifestyle sports (particularly walking, running and cycling) as cost effective approaches to improving health/ preventing ill-health 			
5	<p>Through implementation of the Health and Wellbeing Strategy:-</p> <p>a. better use be made of arts and cultural activities to improve the health and wellbeing outcomes of local people;</p> <p>b. ensure that local planning policies continue to support historic places and healthy living environments.</p>	<ul style="list-style-type: none"> Continue to support the delivery of Sports Events that inspire individuals to participate in sport and active leisure, e.g. Cycling Festival/ Duathlon Festival Continue to support the delivery of free arts and cultural events and festivals supporting mental health and well-being and engendering a sense of pride in the place, e.g. SIRF, Sparkles Continue to provide free internet access to the public through our library service The provision of specialist reading groups for some of the more vulnerable groups in society including the visually impaired, adults with learning disabilities, people with dementia and people with mental health issues Continue to support and invest in the offer at Preston Hall Develop and implement action plans relating to key local documents around sport, active leisure and green infrastructure to ensure the development , maintenance and accessibility of healthy living environments 	<ul style="list-style-type: none"> Increase in participation and high levels of participant and/ or spectator experience Sense of pride of local people in their community and the borough Increase in visitor numbers and visitor experience Satisfaction of residents with regards to the quality and accessibility of local provision 	Reuben Kench	TBC